



The **Parents 4 Parents** Program provides parents with multiple resources that benefit the whole family. The scope of the programs is vast and is capable of being designed to meet the individual family's needs.

- Parents for Parents Support Group
- Sibling Support Group
- Autism Spectrum Support Group

Each support group will provide a forum for you to speak with other parents, siblings, and parent educators to discuss ideas and get information on how other families are handling similar situations. The support you gain from this group is like no others.

In addition to the support groups our family educators will work with you in getting assistance from the multiple agencies throughout Sullivan County. They are always there to assist you in getting the right help for your child even if you need help in...

- Navigating the CSE process
- Attending CSE meetings
- Resolving disputes and/or problems with school districts

*"It's good to be around other parents going through the same problems with their kids and knowing you're not alone."*

*Sadequa Steele*

### The **Parents 4 Parents** Support Programs

at Sullivan County BOCES are designed to serve the needs of children with autism or emotional and/or behavioral challenges.

The staff supports, educates and empowers the families and children to advocate for themselves in a nurturing and supportive environment.



All programs are offered by  
Sullivan County BOCES

For more information please contact:  
**Sullivan County BOCES**

Dr. Denise Shaffer, Director  
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Kathleen Poitras, Parent Educator  
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Scott Lederman, Parent Educator  
(845) 295-4040 / [slederman@scboces.org](mailto:slederman@scboces.org)

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~ Si se habla español, se debe llamar a Faith ~

# Parents 4 Parents



## Family Support Programs

*Providing a nurturing and supportive environment for families with children who have autistic or emotional and/or behavioral challenges.*

Support One Another

Exchange Ideas

Support is just a phone call away  
(845) 295-4042 / (845) 295-4040

## Parents for Parents Support Groups

The Parents for Parents Support Group offers support, information and resources to families parenting children and teens who are struggling with learning, emotions or behaviors. This group meets at the same time as the Sibling Support Group so it's convenient for parents to get support for themselves and their other children at the same time.

The **Liberty Group** meets at the Rubin Pollack Education Center (52 Ferndale-Loomis Road) on **Tuesdays** from 6:00 – 7:30 p.m.

**January 4 & 18**  
**February 1 & 15**  
**March 1 & 15**  
**April 5**  
**May 3 & 17**  
**June 7 & 21**

*Free transportation may be arranged for the Liberty support group with prior notice.*

The **Sibling Support Group** is for siblings of the child who is struggling. This group offers youth a safe, confidential place to share feelings and engage in fun activities. Participants in this group should be in the age group of 11 to 15 years of age.

Child activities are provided by Sullivan BOCES and Sullivan County Department of Community Services staff in a separate area to avoid distraction to those in discussion.

**ONLY offered in conjunction with Liberty Parents for Parents Support Group.**

The **Monticello Group** meets at the St John Street Education Center (22 St. John Street) in Room 311 on **Tuesdays** from 10:30 a.m. – 12 noon

**January 11**  
**February 8**  
**March 8**  
**April 12**  
**May 10**  
**June 14**

*"I've enjoyed the meeting and learned a lot."*

*Julie Knapp,  
mother of child with autism*

## Autism Spectrum Support Group



The Autism Spectrum group offers support and education to parents raising children with Autism, Asperger's Syndrome and other Pervasive Developmental Disorders.

While parents are meeting, their **children are welcome to participate in free activities** with specially trained Sullivan Arc recreational staff.

The **Autism Group** meets at the Rubin Pollack Education Center (52 Ferndale-Loomis Road) on **Wednesdays** from 7:00 – 8:00 p.m.

**January 26**  
**February 23**  
**March 23**  
**April 27**  
**May 25**  
**June 22**

## Registration is required for all groups.

For more information and to register to attend any of the groups please contact;  
Kathleen Poitras, Parent Educator at (845) 295-4042  
Scott Lederman, Parent Educator at (845) 295-4040

Free Activities  
& Child Care  
Ages 4 & up



Cancellations will be announced on  
Thunder 102.1 / WSUL 98.3 / WVOS 95.9

